



This Easter, FEEL the awakening of nature with us...
UNIQUE PLACE, UNIQUE PEOPLE, UNIQUE EXPERIENCE

March 29th

THURSDAY

7.30 pm | At the end of the day, taste a Glass of Wine on the Terrace by the bonfire...

April 1st

SUNDAY

10.00 am | Yoga...
Free your body, mind and spirit...

Breakfast with no schedule...
Taste HAPPINESS!

March 30th

FRIDAY

10.00 am | Yoga...
Free your body, mind and spirit...

12.00 pm | On the Vegetable Garden With Us
Between aromas and colors, vegetables and aromatic herbs...
Feel the LAND with your own HANDS...

7.30 pm | Circle of Fire...
By the heat of the fire, enjoy a glass of wine and bossa nova notes of Sambacalao, a delicious saxophone & guitar duet, beneath the stars...

March 31st

SATURDAY

10.00 am | Yoga...
Free your body, mind and spirit...

3.30 pm | From the Garden to 5 o'clock Tea...
On a tour to the discovery of aromatic herbs from our vegetable garden, you will learn about their properties... Collect the aromatic herbs and by return to our Restaurant enjoy a wonderful cup of tea with hot homemade cake...

7.30 pm | At the end of the day, taste a Glass of Wine on the Terrace by the bonfire...

Activities

All the mentioned activities are included in your stay and the access is free to all our guests. The activities can be changed/canceled depending on the weather conditions.

The following activities are subject to subscription of at least 1 person until 9.00 pm of the day before: From the Garden to 5 o'clock Tea, On the Vegetable Garden with Us and Yoga.

Your stay also includes

On arrival... Tea from our Garden & Homemade Cake

Breakfast at the Restaurant... enjoy our natural juices, homemade bread, cakes & jams!

Bicycles to enjoy a two-wheel ride, just take a deep breath and soak up nature!

7th Art Room... with a great Movie!

SPA: Free Access to the Sauna, Turkish bath and Relaxation Room... a Treat for the Body and Soul!

Time to Say Goodbye... a Farewell gift Made in Areias do Seixo.

Other Suggestions

Unravel some secrets... learn more by reading your Astral Map (140,00€).

Through the Aura Reading acquire a shot of Consciousness! Information is revealed that can help you understand the present, as well as unravel a little of future developments (110,00€)

My Love Ritual: Preparation of a Jacuzzi Bath in your room with floral extracts and tasty treats, followed by a relaxing Floral Soul Massage for two at our SPA with lavender and jasmine essences (195,00 €).

Bookings

Tel.: + 351 261 936 340 | Email: booking@areiasdoseixo.com

